

How to find us

We are based at Gloucestershire Royal Hospital in Gloucester and offer pre-booked clinics at Cheltenham General Hospital. We also offer a range of satellite services throughout Gloucestershire in community areas such as Cirencester, Stroud, Moreton and Lydney. The frequency of these community clinics vary so please call us for more information, or to arrange an appointment.

Your employer may also choose to offer onsite Occupational Health Services where one of our practitioners can support you within your place of work. For more information speak to your Human Resources team or Line Manager.

Opening hours

8:30am - 4:30pm
Monday to Friday

To ensure you get through to one of our Co-ordinators please try to avoid our peak times and call us between 10:00am - 4:00pm. Outside of our opening hours we provide an automated information and answerphone service.

Contact details

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- (e) workingwell@nhs.net
- (w) www.workingwell2gether.nhs.uk



WorkingWell

for New Employees and Placements

Your Guide to Our NHS Occupational Health Services

WorkingWell

Gloucestershire Royal Hospital
Great Western Road, Gloucester, GL1 3NN

Staff health and wellbeing



WWNEWE_001
Review date: April 2013

2gether
Making life better

Foundation Trust For Gloucestershire **NHS**



Working Well
To help you support and manage your team's health

Working Well for You

Occupational Health provides advisory and consultancy services to employers concerning the effects of work on health and of health on an individual's capacity to do their job effectively.

It promotes the positive relationship between work and health in relation to wellbeing.

About Working Well Services

We are an NHS Plus Occupational Health Service based in Gloucestershire. With our multidisciplinary team of Consultant Physicians, Specialist Nurses, Nurse Advisors, Physiotherapists and Counsellors we can help you with all your occupational health needs.

We work closely with individuals and managers to help manage staff who develop health problems through early intervention, making work adjustments, providing support and thus contributing to a reduction in sickness absence. We promote healthy lifestyle choices in order to maintain fitness for work

Our Working Well Vision

A healthy, happy and productive workforce.

Working Well Services

Pre-Placement Health Assessment

Applicant's existing health problems are assessed to ensure they are fit to undertake their new role, and that any existing health condition will not be exacerbated by work or impact on the health, safety or welfare of the applicant, their colleagues, or the business.

Immunisation Screening

Immunity Screening and Vaccinations for: Tuberculosis, Hepatitis B, Measles, Mumps, Rubella, Varicella (Chickenpox) etc.

Contamination Incidents

Management of potential occupational exposure to a blood borne virus, when an employee is contaminated with the body fluids of another person.

Case Management

Case management for employees whose health needs may impact upon work, those with short and long term sickness absence, and if necessary help with the ill health retirement process. Rehabilitation advice and support for employee's with health conditions or disabilities to help identify appropriate adjustments and maintain attendance and productivity at work.

Health and Wellbeing Promotion

Confidential advice about pregnancy, diet, substance abuse, smoking cessation, exercise, lifestyle and general health concerns.

Ergonomic and Work Assessments

Additional on-site assessment of an employee's working environment to highlight health risks and offer recommendations for healthier work practice.

Musculoskeletal Advice

Specialist Physiotherapist musculoskeletal advice on fitness to work and work related adjustments. Advice on self referral request for treatment.

Health Surveillance

Health Surveillance for employees exposed to hazards at work as indicated by risk assessment. To include Audiometry (hearing), Spirometry (lung function), Drivers Medicals, Skin, Hand Arm Vibration, Nightworker etc.

Counselling

Confidential staff counselling for employees and (in some instances) family members, signposting to other staff support providers wherever appropriate.